

Developmental Milestones Chart

By 4 Months	By 9 Months	By 12 Months	By 2 Years	By 3 Years
<ul style="list-style-type: none"> • Smiles spontaneously • Likes to play • Begins to babble • Cries in different ways to show hunger, pain, or tiredness • Lets you know if she is happy or sad • Reaches for a toy with one hand • Follows moving things with eyes • Recognizes familiar people and things at a distance • Holds head steady, unsupported • May be able to roll over from tummy to back • Can hold a toy and shake it • Brings hands to mouth • When lying on stomach, pushes up to elbows 	<ul style="list-style-type: none"> • May be afraid of strangers • May be clingy with familiar adults • Understands "no" • Copies sounds and gestures of others • Uses fingers to point at things • Looks for things he sees you hide • Plays peek-a-boo • Moves things from one hand to the other • Picks up things like cereal between thumb and index finger • Stands, holding on • Sits without support • Pulls to stand • crawls 	<ul style="list-style-type: none"> • Cries when mom or dad leaves • Has favorite things and people • Shows fear in some situations • Hands you a book when she wants to hear a story • Plays games such as "peek-a-boo" and "pat-a-cake" • Responds to simple spoken requests • Uses simple gestures such as shaking head "no" or waving "bye-bye" • Says "mama" and "dada," & exclamations like "uh-oh!" • Tries to say words you say • Explores things in different ways, like shaking, banging, throwing • Copies gestures • Put things in and takes things out of a container • Pokes with index finger • Follows simple directions: "pick up the toy" 	<ul style="list-style-type: none"> • Copies others • Shows more independence • Plays mainly beside other children but can include others in chase games • Points to things or pictures when named • Knows names of familiar people and body parts • Says sentences with 2-4 words • Points to things in a book • Begins to sort shapes and colors • Plays simple make-believe games • Builds towers of 4 or more blocks • Follows two-step instructions such as "pick up your shoes and put them in the closet" • Names items in a picture book • Stands on tiptoe • Kicks a ball • Climbs on and off furniture without help • Makes or copies straight lines and circles 	<ul style="list-style-type: none"> • Copies adults and friends • Shows affection for friends without prompting • Takes turns in games • Shows concern for crying friend • Shows wide range of emotions • May get upset with major changes in routine • Can name most familiar things • Understands words like "in," "on," and "under" • Uses pronouns properly • Carries on conversations using 2-3 sentences • Plays make-believe with dolls, animals, and people • Understands what "two" means • Climbs well • Pedals a tricycle • Walks up and down stairs, one foot on each stair

Reference: https://www.cdc.gov/ncbddd/actearly/pdf/checklists/Checklists-with-Tips_Reader_508.pdf

